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Diabetes Treatment During Pregnancy

Gestational diabetes is a complication that may occur during pregnancy. The way the body utilizes glucose is often altered during pregnancy. After eating, the body breaks carbohydrates down into various molecules, including glucose. Glucose enters the bloodstream, and then needs insulin to enter cells to be used as energy. The pancreas normally produces insulin in a sufficient amount to maintain a normal blood glucose level. However, during pregnancy, additional hormones are produced that may increase insulin resistance, leading to an increase in blood glucose. Generally, there are no identifiable signs or symptoms of this type of diabetes. Typically, gestational diabetes develops during the second trimester. Therefore, it is generally recommended that pregnant women be tested for this condition.

Women who are diagnosed with gestational diabetes may need to check blood sugar levels up to five times per day. Healthy lifestyle habits, such as a healthy diet and exercise, are usually recommended. Women whose blood sugar levels are not controlled with lifestyle changes may require insulin injections. Alternatively, glyburide (*Diabeta*, *Micronase*) is an oral medication that may be prescribed. Glyburide causes more insulin to be released from the pancreas.

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current rate for your town.

Eagle Lake Headlight



Ernestine Gonzales

Ernestine Gonzales, 62, of Eagle Lake passed away Sunday, November 9 in Eagle Lake.

She was born July 2, 1946 in Eagle Lake.

Ernestine was a homemaker and was of the Catholic faith.

She was preceded in death by her parents; husband; four brothers; and one sister.

Ernestine leaves to cherish her memories a daughter, Yvonne Rodriguez and Bacilio of Eagle Lake; sons, Ronnie "Dinky" Gonzales and Anjanette of Spring, Michael Gonzales and Kimberly of Eagle Lake, Julian Renee Gonzales and Rose of San Antonio and Adrian "Mudcat" Gonzales and Natalie of Eagle Lake; sister, Vira Soto of Eagle Lake; grandchildren, Eric Gonzales, Joey Rodriguez, Ronnie Gonzales, Jr., Jewlyette Gonzales, Vanessa Gonzales, Julian R. Gonzales, Jr., Amber Gonzales, Cecilia Gonzales, Yasmine Gonzales and Isaac Gonzales.

Visitation was held Wednesday, November 12 from 5-8 p.m.

A rosary was held Wednesday, November 12 at 7 p.m. at Eagle Lake Funeral Home Chapel.

Funeral services were held Thursday, November 13 at 10 a.m. at the Parish of the Nativity Catholic Church with Father Robert Guerra officiating. Burial was at Lakeside Cemetery. Eagle Lake Funeral Home was in charge of arrangements.

Pallbearers were Johnnie Gonzales, Jr., Raymond Guerra, Jr., Danny Lopez, Everett Ramirez, Gilbert Guerra, Jr. and Gilbert Padilla.

Honorary pallbearers were her children and grandchildren.

Sympathy is extended to the family in their loss.

Alene "Moot" Coleman

Alene "Moot" Coleman was born to Laura and Bennie Mitchell on March 18, 1927 in Colorado County.

She attended public school in Colorado County and became a faithful member of Greater Smith Chapel Baptist Church.

On March 11, 1944, she became the wife of Percy Lee Coleman, "Sonny". In this union, nine children were born.

Her parents, husband, one son, four brothers, and two sisters preceded her in death.

She leaves to cherish her memories five sons, Bennie Earl (Ollie Jewel) of Houston, Percy, Jr. (Bernadette) of Columbus, Lester (Loretta) of Stockbridge, Georgia, Michael (Melda), Arthur Ray, all of Columbus; three daughters, Bernice Dabney, Ruby Jewel Washington, Marylyn Jones (David), all of Columbus; two sisters, Lillie Mae Conner of Kendleton and Ida Mae Mitchell of Houston; three brothers, Floyd Mitchell of Houston, Willie Mitchell of San Antonio and Joe Mitchell of Bay City; 15 grandchildren, 11 great-grandchildren; and a host of nieces, nephews, other relatives and friends.

Homegoing services were held Wednesday, November 5 at 1 p.m. at New Greater Smith Chapel Baptist Church in Columbus with Pastor Joseph Hargrove officiating. Interment followed at Gay Hill Cemetery. Arrangements entrusted to Ben Davis Funeral Home of Columbus.

Pallbearers were Charles Huffman, James Washington, Raymond Moore, Arthur Dabney, Larry Toliver, Don Williams and Gregory Denley.

Honorary pallbearers were Bennie Coleman, Percy Coleman, Lester Coleman, Floyd Mitchell, Michael Coleman, Arthur Coleman, Joe Mitchell, Willie Mitchell and Allen Rhodes.

Sympathy is extended to the family in their loss.

Carrie Shorter Williams

Carrie Shorter Williams passed away Friday, October 31.

Rites to matrimony between Obie Williams, Sr. and Carrie Shorter were held on September 8, 1946. To this union eight children were born.

She was preceded in death by her parents, William Shorter and Elnora Wilson Daniels; and brothers, Dan Leonard and William, Jr.

Our mother had a voice that would make you feel that the angels were upon you. She served as the choir president; and daddy, until his illness, ministered music. We the children living under such godly parents, did not realize how blessed we were. Now, that we have become more familiar with God's word.

We live our lives witnessing how our parents lived as God would have them to live; and that gives us strength for this celebration today. It also brings a peace to us that we cannot describe in words.

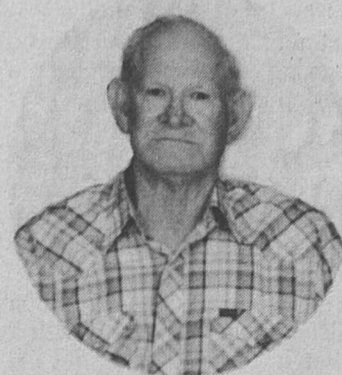
She leaves to cherish her memories her children Obie Jr. (Annie), Shirley (George), Carolyn (Gregory), Terry (Charlotte), Louisa (Efrem), John Lee (Gwen), Ernest (Jo Ann), Maurice (Van); sisters, Rutha M. Hunter, Jewel Hearn, Maragret Cook, Georgia M. Abbott, Theola Daniels, Leola Watson; brothers, Austin, Leroy, Hollis and Walter Shorter; 21 grandchildren; and 12 great-grandchildren.

Funeral services were held Saturday, November 8 at 11 a.m. at Sandridge Baptist Church with Pastor Ruel Taylor III, officiating. Interment followed at Sandridge Cemetery. Ben Davis Funeral Home in Columbus was in charge of arrangements.

Pallbearers were grandchildren, Anthony Haynes, Landy Williams, Kevin Haynes, Robert Bankston, Jr., John Lee Williams, Jr., Marvin Davis, Jr. and Oscar James, Jr.

Honorary palbearers were Leonard McClintock, Michael Hearn, Roderick Shorter, Willie Green and Creed Henry.

Sympathy is extended to the family in their loss.



Bill Wilkerson

Joseph Leslie "Bill" Wilkerson, 81, of Eagle Lake passed away following a brief illness on November 7 at Southwest Memorial Herman Hospital in Houston.

Bill was born to Henry and Mary Francis Caraway Wilkerson on December 25, 1926 in Leesville, Texas. He served his country in both the United States Army and the United States Air Force. Bill was employed with Better Beverages of Eagle Lake and was later employed at Kallina Dryer in Altair until his retirement.

Bill was a member of the Parish of the Nativity in Eagle Lake.

Bill is remembered in the community as an active member for many years with the Eagle Lake Little League as a coach and umpire.

Bill was preceded in death by his parents, Henry and Mary Wilkerson; mother-in-law, Viola Semora Marsalia; sister, Farice "Teanse" Wyatt; brother, Sam Wilkerson; sister, Frankie Novak; and brother, Stanley Wilkerson; son, Dennis Wilkerson and great-grandson, Cody Kutach.

Bill is survived by his wife of 58 years, Shirley Marsalia Wilkerson. He is also survived by his twin brother, John "Bud" Wilkerson of San Antonio; sister, Opal Kloss and husband Clifton "Doc" of San Antonio; and brother, Walter "Tubby" Wilkerson and wife Erma of Gonzales.

He also leaves his children, daughter, Wanda Henry and Roy "Burr" Crane of Eagle Lake; daughter, Glenda Moore and husband Willie of Eagle Lake; son, Walter Wilkerson and wife Doris of Houston; son, Leslie Wilkerson and wife Susan of Rock Island; son Howard Wilkerson and wife Gretchen of Eagle Lake.

Grandchildren and great-grandchildren include, Billy Henry, wife Laura and sons, Jacob and Joshua; Edie Henry and son Mark Sifuentes Jr.; Amy Moore Pearson, husband Buddy and children William, Justin and Kesley; Lacy Moore Miller, husband Scotty and daughter Heather; Russell Wilkerson, former wife Bridget Wilkerson and daughters Gabriella and Alexandria; Erica Wilkerson and Clay Zakem; Les Wilkerson and wife Melanie; Brooke Wilkerson Kutach, husband, Ronnie and son, Riley; Tiffany Wilkerson Wittig and husband, Daniel; Kayce Wilkerson and fiancé, Garrett Crane.

Visitation and rosary were at Eagle Lake Funeral Home on November 10 at 7 p.m. The burial mass, officiated by Father Robert Guerra, was held at the Parish of the Nativity Catholic Church on November 11 at 10 a.m. Pallbearers were, Willie Moore, Billy Henry, Buddy Pearson, Scotty Miller, Les Wilkerson, Ronnie Kutach, Daniel Wittig and Garrett Crane.

Honorary pallbearers were Roy "Burr" Crane, Mark Sifuentes Jr., Kurt Thomas, Gary Obenhaus, and Dwight Hadley.

Interment followed at Lakeside Cemetery in Eagle Lake.

Gifts in Bill's name can be made to the Parish of the Nativity or charity of one's choice.

Sympathy is extended to the family in their time of loss.

Thanksgiving Service To Benefit Food Pantry

The Ministerial Alliance of Eagle Lake announces its annual community Thanksgiving service. The service will be held at 6:00 p.m., Sunday, November 23, in the sanctuary of First Baptist Church, located at 527 North Lake in Eagle Lake. The program is being planned by First Baptist pastor Kevin Collison and Lissie United Methodist pastor Janice Kerlee, who will deliver the sermon message.

The annual Thanksgiving service is a special time when one and all can come together to celebrate the blessing that God has given to us during this year. Other members of the Ministerial Alliance will participate in the program. The worship and preaching will be followed by a time of light refreshments and fellowship.

An offering will be taken to

benefit the community food pantry. Also everyone is encouraged to bring an offering of canned or other non-perishable foods, which will be brought to the altar during the offering time.

The community food pantry is the most visible work of the Ministerial Alliance. Located at First Baptist Church, the food pantry is staffed by volunteers from the various churches in the

alliance. You can have a part of this work as a volunteer worker and through your cash offerings and donations of food.

Please come and be a part of this annual event. For more information, please contact alliance president Rev. Steve Whitfield 234-3437, host pastor Rev. Kevin Collison 234-2571, or any member of the ministerial alliance.

Xi Pi Psi Announces Calendars Are In

Calendars are here! Ernie Sommerlatte, chairman of the Ways & Means project, announced the cost will again be \$5.

Xi Pi Psi members are featured on the calendar, as well as

our local merchants, which we all support.

Contact your member or Sommerlatte at 234-3452, or to add your family birthdays for next year!

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EQUIPPERS OUTREACH FELLOWSHIP INTERNATIONAL: 200 N. College,

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GREATHER TEXAS STAR BAPTIST CHURCH: 580 Old Altair Road, Eagle Lake;

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GREATHER UNION BAPTIST CHURCH: Matthews Community, Co. Rd. 141; Rev.

Lawrence C. Robertson, Pastor; 234-2581.

MT. CARMEL MISSIONARY BAPTIST CHURCH: Hwy. 90-A (Pecan Valley), Eagle

Lake; Rev. H.O. Williams, Pastor; 234-5813.

LIVING HOPE CHURCH: Eagle Lake; Revs. Joe and Mercy Fling; 234-5536.

BEREA CLADIC: 623 Maple Avenue, Eagle Lake; 234-2130.

ROCK ISLAND FULL GOSPEL: P.O. Box 232, Rock Island; 234-5840.

CHRISTIAN CITY FELLOWSHIP: 1140 Meyer, Sealy; Rusty Griffin, Pastor.

THE DAY OF PENTECOST APOSTOLIC REVIVAL RISING STAR: FM 102

South, Matthews; 4 p.m. (at Mt. Zion), Rev. R.L. Carter Sr.

GREATHER NEW FAITH CHURCH: 6406 Guyler, Wallis; Rev. Clay Spears, Pastor;

979-478-2169.

EAST BERNARD FIRST BAPTIST

FIRST BAPTIST: 527 N. Lake, Eagle Lake; Rev. Kevin Collison, Pastor; 234-2571.

FRIENDSHIP BAPTIST: 405 S. Lake, Eagle Lake; 234-5795.

IGLESIA BAUTISTIA GETSEMANI: 901 B Street, Eagle Lake; Rev. Mario

Vasquez.

GREATHER MT. OLIVE BAPTIST: Rev. Dave Curry; 709 N. Lake, Eagle Lake;

234-3545.

WRIGHT GROVE BAPTIST: Rev. T.J. Cunningham Jr.; Altair.

PROVIDENCE BAPTIST: 1207 Seaholm, Eagle Lake; Rev. Coby Shorter Jr.; 234-3735.

CHRIST EPISCOPAL CHURCH: 306 E. Stockbridge, Eagle Lake, 234-3437.

ROCK ISLAND BAPTIST: Bob Allison, Pastor.

SHERIDAN FIRST BAPTIST: FM 2437, 234-3136.

WHITE CLOUD BAPTIST CHURCH: 202 Old Altair Road, Eagle Lake; Rev. Obie

Rhodes, Pastor; 234-3800.

CHURCH OF CHRIST: Sheridan.

NEW LIFE FELLOWSHIP: Hwy. 90A, Sheridan; Del Sanford, Pastor; 234-3276.

CHRIST OUR REDEEMER: Charismatic; Jerry C. McKinney, Pastor; 979-478-7534

or 478-6512.

HOLY CROSS CATHOLIC CHURCH: East Bernard.

CATHOLIC PARISH OF THE NATIVITY: Our Lady of Perpetual Help Sanctuary; 308 N.

Stevenson, Eagle Lake; 8 a.m. (Spanish), 10 a.m. (English) 6 p.m. Saturday (English),

Rev. Robert F. Guerra, P.O. Box 307; 234-2842.

ST. MARY'S CATHOLIC CHURCH: Box 97, Nada; Fr. Joe Vrana; 758-3218.

GRACE LUTHERAN: 408 N. Stevenson, Eagle Lake; Services begin at 10 a.m.; Rev.

Clements Richard, Pastor; 234-3381.

LEHRER MEMORIAL UNITED METHODIST: Garwood; 9 a.m. worship.

LISIE UNITED METHODIST: Rev. Janice Kerlee, Pastor; 234-2112, Lissie.

ROCK ISLAND METHODIST: Ken Seller Jr. Lay-Pastor.

UNITED METHODIST: 200 W. Prairie; Sunday School 9:30 a.m., Worship, 10:45 a.m.

FIRST PRESBYTERIAN: 106 E. State Street, Eagle Lake; 234-3368.

VINE OF THE LORD: 1300 E. State Street, Eagle Lake; Rev. Paul Aguilar, Pastor;

234-7543.

CrossRoad ASSEMBLY OF GOD: 510 Wallace, East Bernard; Pastor George Kutach;

979-335-7706.

THE CHURCH OF CHRIST OF LATTER-DAY SAINTS: 600 W. St., Sealy; Marshall

Crosby, Branch Pres.

CHURCH OF CHRIST: 815 Milam, Columbus; Lynn Wilson, Minister.

THE SHEPHERD'S WAY: Interdenominational Christian Fellowship; 1225 Eagle Lake

Road, Sealy, Frank Lucas, Pastor; 979-885-1225.

SOUTH POINT BAPTIST CHURCH: 6407 Hwy 71-S, Garwood; 979-758-3039.

ASSEMBLEA DE DIOS HOSANNA: 403 East Main, Eagle Lake; 979-732-1966; Pastor

Romero Rodriguez Jr.

BIBLE TRUTH APOSTOLIC CHURCH: Corner of S. Wharton & E. First St., El Campo;

Pastor Larry T. Smith, 979-543-2331.-non-denominational.

Bible Verse of The Week

"He who receives you receives me, and he who receives me receives the one who sent me. Anyone who receives a prophet because he is a prophet will receive a prophet's reward, and anyone who receives a righteous man because he is a righteous man will receive a righteous man's reward."

Matthew 10:40-41

Submitted by Donna Samora

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